# Human GDF-15 ELISA Kit

## (Catalog Number: 31980)

For the quantitative determination of human GDF-15 concentrations in serum, plasma or cell culture supernate

samples

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#### INTRODUCTION

Growth differentiation factor 15 (GDF-15) is a member of the transforming growth factor  $\beta$  cytokine superfamily, the protein is secreted as a 25 kDa disulfide linked dimer<sup>1</sup>. Circulating GDF-15 levels are associated with cancers, cardiovascular and kidney diseases<sup>2-4</sup>. GDF-15 regulates food intake, energy expenditure and body weight in response to metabolic and toxin-induced stresses<sup>5</sup>.

#### PRINCIPLE OF THE ASSAY

This assay is a quantitative sandwich enzyme-linked immunosorbent assay (ELISA). The microtiter plate is pre-coated with a monoclonal antibody specific for human GDF-15. Standards and samples are pipetted into the wells and any human GDF-15 present is bound by the immobilized antibody. After washing away any unbound substances, a biotin labelled polyclonal antibody specific for human GDF-15 is added to the wells. After wash step to remove any unbound reagents, streptavidin horseradish peroxidase conjugate (STP-HRP) is added. After the last wash step, an HRP substrate solution is added and color develops in proportion to the amount of human GDF-15 bound initially. The assay is stopped, and the optical density of the wells is determined using a microplate reader. Since the increases in absorbance are directly proportional to the amount of captured human GDF-15, the unknown sample concentration can be interpolated from a reference curve included in each assay.

#### **INTENDED USE**

This Human GDF-15 ELISA kit is designed for quantification of human GDF15 in serum, plasma and cell culture supernate samples.

#### REAGENTS SUPPLIED

Each kit is sufficient for one 96-well plate and contains the following components:

- 1. Microtiter Strips (96 wells), coated with a monoclonal antibody against human GDF-15, sealed
- 2. 10×Wash buffer, 50 mL
- 3. 5×Assay buffer, 20 mL
- 4. 100×Detection antibody solution, a biotin labelled polyclonal antibody against human GDF-15, 0.12 mL
- 5. Human GDF-15 standard, 500 pg of recombinant human GDF-15, lyophilized
- 6. 200×STP-HRP solution, 0.06 mL
- 7. Substrate solution, 12 mL, ready for use
- 8. Stop solution, 12 mL, ready for use

#### OTHER MATERIALS REQUIRED, BUT NOT PROVIDED

- 1. Pipettes and pipette tips
- 2. 96-well plate or manual strip washer
- 3. Buffer and reagent reservoirs
- 4. Paper towels or absorbent paper
- 5. Plate reader capable of reading absorbency at 450 nm

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6. Distilled water or deionized water

#### STORAGE

The kit should be stored at  $2-8^{\circ}$ C upon receipt, and all reagents should be equilibrated to room temperature before use. Remove any unused antibody-coated strips from the human GDF-15 microtiter plate, return them to the foil pouch and re-seal. Once opened, the strips may be stored at  $2-8^{\circ}$ C for up to one month.

#### PREPARATION OF REAGENTS

Bring all reagents and materials to room temperature before assay.

#### A. 1×Assay buffer

Prepare 1×Assay buffer by mixing the 5×Assay buffer (20 mL) with 80 mL of distilled water or deionized water. If precipitates are observed in the 5×Assay buffer bottle, warm the bottle in a 37°C water bath until the precipitates disappear. The 1×Assay buffer may be stored at 2-8°C for up to one month.

#### B. 1×Wash buffer

Prepare 1×Wash buffer by mixing the 10×Wash buffer (50 mL) with 450 mL of distilled water or deionized water. If precipitates are observed in the 10×Wash buffer bottle, warm the bottle in a 37°C water bath until the precipitates disappear. The 1×Wash buffer may be stored at 2-8°C for up to one month.

#### C. 1×Detection antibody solution

Spin down the 100×Detection antibody solution briefly and dilute the desired amount of the antibody 1:100 with 1×Assay buffer, 100  $\mu$ L of the 1×Detection antibody solution is required per well. Prepare only as much 1×Detection antibody solution as needed. Return the 100×Detection antibody solution to 2-8°C immediately after the necessary volume is removed.

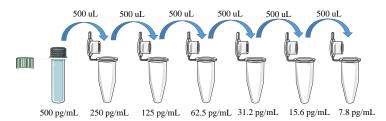
#### **D.** 1×STP-HRP solution

Spin down the 200×STP-HRP solution briefly and dilute the desired amount of the 200×STP-HRP solution 1:200 with 1×Assay buffer, 100  $\mu$ L of the 1×STP-HRP solution is required per well. Prepare only as much 1×STP-HRP solution as needed. Return the 200×STP-HRP solution to 2-8°C immediately after the necessary volume is removed.

#### PREPARATION OF STANDARDS AND SAMPLES

**Human GDF-15 Standards:** Reconstitute the lyophilized standard with 1 mL of  $1 \times Assay$  buffer to generate a standard stock solution of 500 pg/mL. Allow the standard to sit for 10 minutes with gentle agitation prior to making dilutions. Pipette 500 µL of  $1 \times Assay$  buffer to 250, 125, 62.5, 31.2, 15.6, 7.8 pg/mL tubes. Use the standard stock solution to produce a serial dilution as shown below.

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 $1 \times Assay$  buffer serves as the zero standard (0 pg/mL). The reconstituted standard stock should be aliquoted and stored at -80°C for up to one month. Avoid repeating freezing/thawing cycles. Please do not store the diluted standard solutions.

#### **Sample Preparation:**

Serum or plasma sample generally requires a **10-fold** dilution in the 1×Assay buffer. It is recommended that the users establish their own dilution factors based on the concentration range of their samples.

#### ASSAY PROCEDURE

It is recommended that all standards and samples be assayed in duplicate.

- 1. Add 100  $\mu$ L of standard or sample per well, incubate at room temperature for 1 hour.
- 2. Discard the content and tap the plate on a clean paper towel to remove residual solution in each well. Add 300 µL of 1×Wash buffer to each well and incubate for 1 minute. Discard the 1×Wash buffer and tap the plate on a clean paper towel to remove residual wash buffer. Repeat the wash step for a total 3 washes.
- 3. Add 100  $\mu$ L of 1×Detection antibody solution to each well, incubate at room temperature for 1 hour.
- 4. Wash each well 3 times as in step 2.
- 5. Add 100  $\mu$ L of 1×STP-HRP solution to each well, incubate at room temperature for 20 minutes.
- 6. Wash each well 4 times as described in step 2.
- 7. Add 100  $\mu$ L of Substrate solution to each well, incubate at room temperature for 15 minutes. **Protect from light.**
- 8. Add 100  $\mu$ L of Stop solution to each well, gently tap the plate frame for a few seconds to ensure thorough mixing.
- 9. Measure absorbance of each well at 450 nm immediately.

#### CALCULATION

- 1. Subtract the absorbance of the blank from that of standards and samples.
- 2. Generate a standard curve by plotting the absorbance obtained (y-axis) against human GDF-15 concentrations (x-axis). The best fit line can be generated with any curve-fitting software by regression analysis. Any curve of 4-parameter or log-log curve fitting can be used for calculation.

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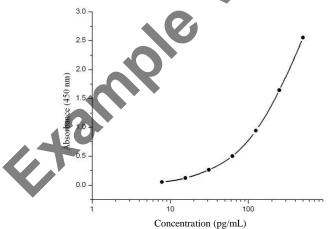
3. Determine human GDF-15 concentration of samples from standard curve and multiply the value by the dilution factor.

#### TYPICAL STANDARD CURVE

The following standard curve is provided for demonstration only. A standard curve should be generated for each set of sample assay.

Human GDF-15 (pg/mL)	Absorbance (450 nm)	Blanked Absorbance
0	0.074	0
7.8	0.13	0.056
15.6	0.197	0.123
31.2	0.338	0.264
62.5	0.577	0.503
125	1.017	0.943
250	1.719	1.645
500	2.626	2.552

Human GDF-15 standard curve (4-parameter)



#### ASSAY CHARACTERISTICS

#### A. Sensitivity

The lowest level of human GDF-15 that can be detected by this assay is 7.8 pg/mL.

#### **B.** Precision

Intra-assay Precision (Precision within an assay) C.V. <10%. Inter-assay Precision (Precision between assays) C.V. <10%.

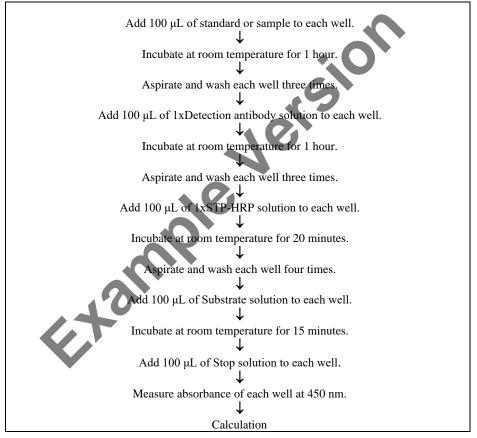
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#### SUMMARY OF ASSAY PROCEDURE



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